

# **Crab Cakes**

## Ingredients

- 3 tablespoons butter
- 1/3 cup red bell pepper, diced
- 1/3 cup celery, diced
- 1/3 cup yellow onion, diced
- 1/2 cup dried breadcrumbs
- 1/4 cup scallions, minced
- 1/4 cup mayonnaise
- 1 egg
- 2 tablespoons minced fresh parsley
- 2 teaspoons Worcestershire sauce
- 2 teaspoons lemon juice
- 2 teaspoons Old Bay Seasoning
- 1 teaspoon dry mustard
- 1/2 teaspoon salt
- 1/2 teaspoon freshly ground black pepper
- 1/4 teaspoon Tabasco sauce
- 1 lb lump crabmeat (checked for shells)

## Instructions

#### Step 1: Sauté the Vegetables

In a skillet, melt the butter over medium heat.

Add red pepper, celery, and onion. Sauté for about 5 minutes, or until tender. Remove from heat and let cool slightly.

### Step 2: Prepare the Mixture

In a large bowl, combine breadcrumbs, scallions, mayonnaise, egg, parsley, Worcestershire sauce, lemon juice, Old Bay Seasoning, dry mustard, salt, pepper, and Tabasco. Add the cooled sautéed vegetables and mix until combined.

### Step 3: Add the Crabmeat

Gently fold in the lump crabmeat with your fingers to preserve large chunks. Do not overmix.

## Step 4: Form and Chill

Shape the mixture into crab cakes of your desired size. Place on a tray, cover, and refrigerate for at least 1 hour (or overnight).

#### **Step 5: Broil the Crab Cakes**

Preheat the broiler. Place the crab cakes on a greased or foil-lined baking sheet. Broil for 3–4 minutes per side, or until golden brown and heated through. Use a spatula and your hand for flipping carefully to prevent breaking.

#### Step 6: Serve

Serve hot, garnished with parsley and lemon wedges. Pair with cocktail sauce, tartar sauce, or remoulade. Make smaller cakes for bite-sized party appetizers.