



Delicious Apple Sauce

Ingredients

- 4 apples, peeled, cored, and chopped
- $\frac{3}{4}$ cup water
- $\frac{1}{4}$ cup white sugar
- $\frac{1}{2}$ teaspoon ground cinnamon

Instructions

1. **Prepare the ingredients:**

Gather all ingredients.

2. **Cook the apples:**

In a saucepan, combine the chopped apples, water, sugar, and cinnamon. Cover and cook over medium heat, stirring occasionally, until the apples are soft, about 15 to 20 minutes.

3. **Mash the apples:**

Let the cooked apple mixture cool slightly. Mash with a fork or potato masher until you reach your preferred texture—smooth or chunky.

4. **Serve:**

Enjoy warm or chilled as a healthy snack or side dish.