

Keto Brownies

Ingredients

- 8 tablespoons (1 stick) unsalted butter, melted and cooled
- 1/4 cup unsweetened cocoa powder
- 2 tablespoons heavy cream
- 1 teaspoon vanilla extract
- 2 large eggs + 1 egg yolk, at room temperature
- 1/3 cup granulated erythritol (reserve a pinch for topping)
- 2/3 cup almond flour
- 1/2 teaspoon kosher salt
- 1/2 cup chopped nuts or unsweetened coconut chips (optional)

Instructions

Preheat Oven

Preheat the oven to 325°F (163°C). Line an 8-inch square glass or ceramic baking dish with parchment paper, leaving some overhang on two sides.

• Mix Wet Ingredients

In a medium bowl, whisk together melted butter, cocoa powder, heavy cream, and vanilla extract. Add the eggs and yolk, and whisk until well combined.

• Prepare Dry Ingredients

In a separate bowl, mix the almond flour, salt, and most of the erythritol (reserve a pinch for topping).

Combine and Spread

Stir the dry ingredients into the wet mixture until smooth. Pour the batter into the prepared dish and spread evenly with a spatula. Top with chopped nuts or coconut chips if using, and sprinkle with the reserved sweetener.

Bake

Bake for 18–20 minutes, until the edges are set and matte, and the center is just slightly shiny.

Cool and Slice

Let the brownies cool in the dish for 10 minutes. Then lift them out using the parchment overhang and transfer to a wire rack to cool completely. Slice into 12 squares.